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# University of Pretoria Yearbook 2018

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## Exercise physiology III 320 (SMC 320)

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| <b>Qualification</b>          | Undergraduate                              |
| <b>Faculty</b>                | <a href="#">Faculty of Health Sciences</a> |
| <b>Module credits</b>         | 20.00                                      |
| <b>Programmes</b>             | <a href="#">BSportSci</a>                  |
| <b>Prerequisites</b>          | SMC 221                                    |
| <b>Contact time</b>           | 1 tutorial per week, 2 lectures per week   |
| <b>Language of tuition</b>    | Module is presented in English             |
| <b>Department</b>             | Biokinetics and Sports Science             |
| <b>Period of presentation</b> | Semester 2                                 |

### Module content

\*Closed – requires departmental selection.

Allostasis, energy dynamics, fatigue, immune system considerations, muscle hypertrophy, DOMS, NSAIDs, environmental physiology.

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